



A nutrition label for Garlic Powder. At the top, there is a small illustration of a garlic bulb. The label is titled 'AMOUNT PER SERVING 20g' and 'Calories 70'. It lists various nutrients and their amounts per serving.

AMOUNT PER SERVING 20g	
Calories	70
Total Fat	0,3 g
Cholesterol	0 mg
Sodium	13,3 mg
Potassium	240 mg
Total Carbohydrate	14,5 g
Dietary Fiber	2 g
Protein	3,5 g
Calcium	18 mg
Iron	3,1 mg
Vitamin A	42 mg
Vitamin C	5 mg

Garlic Powder

Garlic powder, which is produced by drying and pulverizing fresh garlic, is very delicious. Fresh garlic normally contains 80% water. The rate of water in garlic, which is subjected to the drying process, decreases considerably. It becomes more delicious. Garlic powder, which has the effect of accelerating metabolism, can also be used in addition to a healthy diet and exercise. The amount of garlic you will add to your diet on a daily basis is a beneficial product for human health when used correctly and in moderation. Vegetable and meat dishes, yoghurt sauces, pastries (bread, ravioli, pizza, pastries, etc.) used easily. No sweeteners or additives are used in our product.

